



**AT WORK**

**Decrease your debt and increase your financial health.**

Employees of Fresno County EOC

Do you need to go on a debt diet? This seminar will help you recognize the types and amounts of debt you have now and assess whether you're overloaded. Walk away with a plan to reduce or eliminate debt and avoid piling it on again in the future. This seminar will focus on:

- Helping you understand your current financial situation
- Establishing a strategy to avoid, reduce and eliminate debt
- Developing a budget and increasing cash flow

Date November 6, 2008  
Time 12:00PM - 1:00PM  
Place HR Training Room  
RSVP HR 263-1070 by 10-30-08

**\*\*Space is Limited, Refreshments Served**

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