

# Farmers Market- Weekly highlights

## Meet Duffy Peck with Sumner Peck Ranch!



### **Where are you located at the farmers market?**

Once you leave the 1900 building, Sumner Peck Ranch is located on the left hand side of the Diaz Farm.

### **Do you have any other locations outside of the farmers market?**

We have a fruit stand off the 41 and Ave 14 1/2 in Madera. We also participate in the Farmers Market in River Park next to Bentley's Market.

### **What type of items do you grow/sell?**

A variety of fruits and vegetables such as: tomatoes, bell peppers, onions, eggplant, cucumbers, grapes, watermelon, cantaloupe, peaches, nectarines and a variety of squash.

### **How long have you been in this industry?**

I have been in the industry for 2 years.

### **What fruit or vegetable would you like to highlight this week?**

I would like to highlight our Asian pears.



### **Asian Pear Nutritional Value**

Serving size 122g

Amounts Per Serving % Daily Value

Calories 50

Calories from Fat 5

Total Fat 0g 0%

Saturated Fat 0g 0%

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 13g 4%

Dietary Fiber 4g 16%

Sugars 9g

Protein 1g

Vitamin A 0%

Vitamin C 8%

Calcium 0%

Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet.

### **Asian Pear Pizza Dessert**

<http://www.neworleans.com/food/recipes/asian-pear-dessert-pizza.html>

