

Weight Watchers Testimonials

Losing over 150 lbs. on the Weight Watcher at Work Program has been very positive.

Went on a 10 mile hike in Yosemite – did the Half-Dome Trail. Did not make to Half-Dome but will try again this year.

Can now jog the track at Buchanan High School without getting winded.

Barry Manilow Concert in Las Vegas. Was able seat comfortably in the seat on the plane – but best of all I didn't have to ask for a seatbelt extension. Seat at the concert, I had room to spare.

Entered the Weight Watchers Success Story Contest. I won a Second Place prize for my story.

I could not have accomplished all of the above without the Weight Watcher Program. Losing over 150 lbs. has changed my life. I am healthy and happy with my new life style.

I want to take the opportunity to “Thank” some people.

Denise Kelly, Weight Watcher Leader – she has been very caring and supportive. She makes our meeting fun and provides the information we need to lose the weight.

Cynthia Pierzina, our own Weight Watchers Resource Assistant – she provides us with Weight Watcher recipes and information on how to make our weight lose journey successful.

Rose Puente -she has been a constant supporter for me since October 30, 2002 the day I started the Weight Watchers At Work Program. Rose has helped me to stay focus on my weight loss journey. Thank you Rose!

Convenient location – good support and ideas from members – informative and fun meetings. Join Weight Watchers and “Take charge of your life.”

- Esther Lepe
Weight Watchers Lifetime Member

Weight Watchers Works!

*Talk about convenience, having Weight Watchers at Work has been fantastic! The group support from co-workers, the great leader, and easy payment plan made it a win-win for no excuses to lose weight. I lost **40 pounds** and made life time member in October, 2006.*

- Melynda Cutts
Head Start